

What if I go to hospital?

A nurse can manually retrieve your medication sachets from the Medido in order for you to take them with you. When you return from hospital please contact the nurse to load your remaining sachets back into the Medido.

Are all my medications in the Medido?

No. Only the medications you regularly receive in your sachets are contained in the Medido.

What if the alarm is sounding but it is not time for my medication?

The Medido can also be set-up to sound an alarm if you need to take a particular medication that is not contained in your usual sachet. If the alarm is sounding and your medication sachet is not due, check the LCD screen on the machine for a message. If you are unsure please contact a nurse for assistance.



If you are unsure what medication to take at any time, please contact a nurse for assistance.

Your Medido

simple instructions to get started



Congratulations on taking the first step towards stress free medication. No longer do you need to remember what pills to take at what time, your Medido medication dispenser is designed to help you do just that!

Here is a simple step by step guide to get you started on the road to medication freedom.



Step 1

The day before you are due to commence your next roll of sachets, a nurse will visit you to load them into the Medido.



Step 2

When it is time to take your first medication sachet the Medido will sound an alarm and the OK button on the machine will flash red. To dispense the medication sachet you must press the OK button once.



Step 3

The medication sachet will be ejected from the machine. Gently grab the end of the sachet and remove from the Medido.



Step 4

Check the LCD screen on the Medido for any specific instructions relating to your medications. For example, it may tell you that you need to take this medication with food.

What if I forget to take my medication?

If you don't eject your medication sachet within a certain period of time after the Medido alarms, the machine will notify a nurse. They will either call or visit you to check why you haven't taken the medication. At that time they will advise what you should do in regards to your missed dose.

How long have I got to eject my medication sachet before a nurse is notified?

This depends on what medication you take and the times you are required to take it. Your aged care facility is responsible for setting this up.

What if I want to go out and need to take my next medication sachet with me?

Simply hold down the OK button for four seconds until it flashes blue. At this point an alarm will sound and the next medication sachet will be ejected. Repeat this to eject further sachets. Please note, the ability to eject a medication sachet prior to the correct dose time depends on the set-up of your machine.

If there is a power outage, will the machine continue to operate?

Yes. The machine has a battery back-up that will last up to six hours. If a power outage goes beyond this timeframe, you will need to contact a nurse to manually retrieve your next medication sachet.